



Radiant Child Yoga Program® Teacher Training

Give Children the Gift of Yoga

The **Radiant Child Yoga Program®** (RCYP) This comprehensive training program aims to create a world of peace through the union of yoga and children. It is designed for anyone interested in teaching yoga to children. Level of experience/training with yoga: All levels including beginners are welcomed no prior training in yoga is required.

- Guidelines for sharing yoga with toddlers through teens
- Yoga stories and games that children love
- Yoga for SPD, ADHD and Autism
- Tips for keeping children engaged and focused
- Adapting yoga for the school setting
- Meditation and breath-work for use with children
- Self-transformational practices for you

Course includes a Radiant Child Yoga® tote filled with take-home materials -**Books, CDs, DVDs, and Manuals**, all created by Radiant Child Yoga Program founder, Shakta Kaur Khalsa. (Materials valued at \$175.00)

- RCYP Level 1 and 2 manual,
- 2 Books Fly by Shakta Kaur Khalsa Like A Butterfly and Kundalini Yoga
- Music and Mantra Companion CD,
- Happy and Cozy CDs,
- Yoga in Motion DVD and workbook.

Course also includes:

- **Opportunity to be listed as a teacher on www.childrencyoga.com**
- **Certificate of completion for RCYP levels 1 and 2 (20 class hours)**
- **CEU credits available for Yoga Alliance, private/ public schools, OT/PT practices**

Shabdpreet Kaur is a certified facilitator of the Radiant Child Yoga Program® and trained directly with Founder/Director Shakta Kaur Khalsa. Shabdpreet Kaur is a Kundalini Yoga Teacher and Certified IKYTA RYT-200 and currently leads teacher trainings nationwide and internationally.

Location: Lotus Yoga Center
465 Oakland Avenue, Apopka, FL 32703

Course Schedule:

AUGUST 27- 29, 2010

Friday, August 27rd 9:30 am –6:30 pm

Saturday, August 28th 12:30 pm – 9:30 pm

Sunday, August 29th 12:30 pm – 4:30 pm

Course Fees:

\$585 early registration (August 11, 2010)

\$645 regular price

Payment Plan (3 payments of \$195 register online)

Contact: Janice D. Keifer 877.264.8171 x 1003

E-mail: info@yogasprouting.com

Register Online: www.yogasprouting.com